



## Parent/Baby Questionnaire - Postnatal

Taking care of a baby can be satisfying, but it can also be frustrating at times. Now that you are parenting and/or a parent, please circle the answer that best describes how easy you think it will be to do the following things with your baby.

### **How easy will it be for you to:**

**1. Figure out how to soothe your baby when your baby cries.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**2. Keep your baby occupied when you have housework to do (like doing dishes).**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**3. Understand what your baby wants when your baby fusses.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**4. Get your baby to understand what you want your baby to do.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**5. Give your baby the amount of attention your baby seems to want.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**6. Keep your baby amused.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**7. Know what your baby enjoys.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**8. Disengage from your baby when you have something else to do in a way that doesn't make your baby upset.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable

**9. Perform routine tasks like feeding, changing, and bathing your baby.**

Not Easy at All     Not Easy     Easy     Very Easy     Not Applicable



**Please select one option:**

**10. In general, how good of a parent do you feel you are?**

- Not Very Good     Okay     Good     Very Good     Not Applicable

## Reading Activities with Baby - Postnatal

**Please check the answer to the following questions:**

**1. In the last month, how often did you read or tell your child a story?**

- More than once a day     About once a day     A few times a week     Rarely     Not at all

**2. In the last month, how often did you tell your child a story (or have your child tell you one) from memory or made up?**

- More than once a day     About once a day     A few times a week     Rarely     Not at all

**3. In the last month, how often did you sing songs to/with your child?**

- More than once a day     About once a day     A few times a week     Rarely     Not at all

**4. In the last month how often did you talk to/with your child during routine activities (describe what you're doing or seeing, asking questions about a TV show, song, video, etc., naming objects, taking turns doing any of these things)?**

- More than once a day     About once a day     A few times a week     Rarely     Not at all

Participant's Name / Signature

Participant's ID

Program Site

Date